

Mp3 Damned - Aggression Therapy



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hard hard rock sound with explosive metal lead guitar and punk lyrics all with actual real melodies. 10 MP3 Songs METAL: 90's Metal, ROCK: Hard Rock Details: Damned Aggression Therapy This, for lack of a better word, rules. Cathartic drum and bass intensity play off anthemic rock melodies, with hard guitar leads (think Slash, Brian May, that sort of thing) and the classic, catchy rebellion of punk lyrics. The growling vocals carry a certain sex appeal, and the sinister guitar riffs (especially on songs like "Wicked Throne" and "MindChanger") just plain rock. This band is young too, which allows the younger generation to relate better to the intense emotions expressed. They're made up of two sixteen year olds and a seventeen year old. They also experiment with a wide variety of styles (best seen through "Pure," "Life of Pain" and "Wicked Throne"). They're not just kids out there to make as much noise as possible - they actually have something new to say about rock music. Check it out. LAMBSGOAT.COM 7-2001 Here comes DAMNAGED and their own form of aggression therapy. With the energy and passion that only teenage boys possess, DAMNAGED presents their very own form of Aggression Therapy on their Very Juicy Records debut release of the same name. Though they are still in high school, childhood friends, Trevor Fox, Chris Johnson and Nick Woodward are already living the ultimate rock and roll teen fantasy. Their music combines anthem rock melodies, cathartic drum and bass intensity, hard metal guitar leads and the rebellion of hardcore punk lyrics. Aggression Therapy features a raucous set of nine songs, all written by lead singer and guitarist Nick Woodward with major arrangement contribution by Woodward's partners-in-crime, drummer Chris Johnson and bassist Trevor Fox. Guided in the studio by producer and VJR label president Maurice Jones Jr., DAMNAGED has forged a sound that pays tribute to musical influences such as Megadeth, Pantera, early Bon Jovi, Tool and Ozzy, but is propelled by a force that is uniquely its own. "There is something about Nick's vocal style and guitar pyrotechnics and the band's

ferocious attack of each song that defines a sound that the band has coined as 'Aggression Therapy,'" says Jones. Throughout the CD, Woodward's anthemic lyrics demonstrate a keen perception of the frustrations and confusion that besiege his teen-aged contemporaries. From the opening track, "Hide Behind Your Cross," which introduces the lead singer's growling vocals and highlights his hard-hitting guitar chops, through the relentless rhythms and burning guitars of the furies "Laid to Waste," and "Life of Pain," to the sinister and hypnotic "Mind Changer," the trio functions as a tight unit that seems to have played together far longer than three short years. "Mind Changer" in particular reflects Woodward's response to his grandmother's losing battle with Alzheimer disease. Aggression Therapy's stand out track, the powerful rock ballad "Pure," takes the CD's uncompromising intensity to the level of tight dynamics typical of bands playing together for more years than these young DAMNAGED members could ever have been aware of rock music. "Wicked Throne" closes the set out with high-throttle, new-metal muscle showcasing the power and raw energy of Chris Johnson's monster drumming. With the aura of dark pessimism that pervades Damned's debut effort, it's ironic that all of the band members have home lives in direct contrast to their musical personas. Guitarist Woodward, the most complicated of the trio, is the first to admit that he comes from a great home with awesome and supportive parents. Still, his favorite color is black and he cites Megadeth, Guns 'N Roses, Van Halen, AC/DC, Metallica, and Pantera as his greatest musical influences. Nick says he lives for the ultimate guitar solo. "When I'm on stage, I'm open and crazy. Each time I perform, I get more and more into the music, so I'm always curious to see what'll happen the next time I hit the stage. In the studio, I just focused on making the best record that we could." Sixteen-year-old drummer Chris Johnson also describes his family as "very loving and supporting." He has been playing drums since the tender age of ten, and has been inspired by the likes of Alex Van Halen, Danny Carey, Vinnie Paul and - of course - Jon Bonham. Lately he is obsessed with Tool. "When I'm on stage, I get a feeling that's not like anything else. It's this surge of energy, excitement and raw power that I feed off of," he says. "I can't get enough of it and though I don't know where this will all end up, I'm sure enjoying the ride that's getting me there." Trevor Fox plays bass - a B.C. Rich Warlock, to be exact. He says that working with producer Maurice Jones, who is a bassist as well, has helped him really hone his chops and cites his influences as Jason Newsted, Cliff Burton, and Nikki Sixx. The newest member of the group rhythm guitarist, Jeff Roderick came in through the back door starting out as the teen intern to help run sound for Damned. After another guitarist couldn't quite keep up, the

band starting bringing Jeff to rehearsal and within a short time it was obvious he needed to move from behind the console to the front line of the Damned stage. Jeff's musical influence include hard-core and metal. "I have always been into low tunings and music with a lot of power. Right now I am really into Vision of Disorder, Pantera and even Pink Floyd, anything with great dynamics, power and emotion." "Musically, I definitely want to leave an impact so when people leave a Damned show they say "that was awesome!" Regarding the music business they have suddenly found themselves in, all the band members are pretty astute for this being their first professional band; " We have to get the music out to as many people as possible, while still maintaining our core integrity." Through a network of teen metal heads, snow and skate board hard rock and punk followers the band continues to build an incredible army of the underground faithful in the Northwest with Damned fan bases springing up all over the country and even in Europe thanks to the power of the Internet. Says Trevor who is known for his restrained style on stage and his own new line of Damned tee shirts which say "Trevor: Unleash the Beast," "We are also committed to heavily supporting the underage music scene in the Northwest, playing places like Local 46 and the Redmond Firehouse." Whenever DAMNED plugs in, be it in the studio or live on stage, their hard-edged sound, passionate lyrics, and relentless drive combine to make them a force to be reckoned with. For public relations inquiries please contact: CARY GOLDBERG 425.485.0780, carylinda00@hotmail.com All other inquires contact: LARA LAVI 206.417.0352 direct line, veryjuicyrecords@home.com Contact: Lara Lavi, CEO very juicy records/interactive 3025 NE 181rst Street, Seattle, WA 98155 206.417.0352 direct line 206-417.0564 fax veryjuicyrecords@home.com

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