

Mp3 Jaia Lee - Pandora's Box



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Bare-bones devotional folk. 11 MP3 Songs FOLK: Gentle, NEW AGE: Healing Details: I have been a student by means of independent study in psychology, philosophy and metaphysics since my early teen years, and recently graduated with a Master's degree in Spiritual Psychology from the University of Santa Monica. I didn't grow up going to church, and came to be an atheist when I was in my teens. On the one hand, I was having profound shifts in consciousness and moments of blissful connection and expansion through art, music, nature, and metaphysical readings, and sometimes just spontaneously. There were happenings which I couldn't explain with the model of the world I had been given. On the other hand, the religious God I had come to hear about was all about following a specific set of rules for the sole purpose of going somewhere good later on, which seemed to have much more to do with power and control of the rulemakers than it had to do with true empowerment and freedom of the individual, and therefore of the whole. This sort of herding mentality initially led me towards atheism. I didn't want anything to do with such a life, or with such a 'God'. As I kept asking the deep questions of mySelf, new dimensions continued to emerge. I came to be aware of a presence that was as unmistakable and as real as any concrete object I could see and touch. Further down the path, this presence became much more real than any concrete object. More real than anything. This isn't to say that things in this world don't have any value, significance or substance, it is only that they originate from this presence and are in and of themselves, impermanent. There is something beyond these fixed expressions. Something that will live forever. There is something beyond our personalities, our bodies, anything we are currently experiencing, whether we are labeling it good or bad. Something that is eternal. Something that is unbounded. Something that is limitless in its potential, and bound only by our thought about it. Bound only by our limiting personal beliefs and our willingness to trust its presence in our life. Bound only by our need to

control It, and by our fear of It. Bound by how far we are willing to go. As far as my religious beliefs stand today; I will always be an atheist to a man-made God. And, I will never be able to stop loving the God of my heart. Aside from facilitating spiritual and creative-based sacred circles and workshops, I enjoy singing and songwriting and am a student of guitar as well. Painting is also a very relaxing and inspiring activity, oil being my favorite medium. Pandora's Box is my first cd and after working on an edition for over a year and a half I found what I really wanted was to get in touch with the original visions of the songs and to just record a bare bones acoustic version. No auto-tune. No patching and pasting "better" sounding phrases. I was so tired of the whole process. I just wanted to sing these songs that I had come to love. I wanted to get back to that original love. This cd was recorded in one day, and even more importantly, it was sung straight from the heart. It is not meant to be technically perfect; I think our world has enough of that. It is meant to be real. I grew up in Southern California and currently live in Santa Monica with my daughter and our little dog Scooter, who really knows how to keep us on our toes, and Lord Cid the cat.

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