

Seeing Through Tears: Crying And Attachment - Judith Kay Nelson

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Seeing Through Tears is a groundbreaking examination of crying behavior and the meaning behind our tears. Drawing from attachment theory and her own original research, Judith Nelson presents an exciting new view of crying as a part of our inborn equipment for establishing and maintaining emotional connections. In a comprehensive look at crying through the life cycle, this insightful volume presents a novel theoretical framework before offering useful and practical advice for dealing with this most fundamental of human behaviors. Author: Nelson, Judith Kay Publisher: Routledge Illustration: N Language: ENG Title: Seeing Through Tears: Crying and Attachment Pages: 00256 (Encrypted EPUB) On Sale: 2012-12-06 SKU-13/ISBN: 9780415949682 Category: Psychology : Emotions Category: Psychology : Interpersonal Relations

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