

My Italian Kitchen: Home-style Recipes Made Lighter & Healthier - Janet Zappala

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Presenting a fantastic selection of authentic recipes, this cookbook captures the robust flavors of real Italian cooking. Inspired by the expertise of the authors family, this compilation offers such favorites as Panzanella (Italian Bread Salad), Mama Mia Ziti, and Blue Crab Linguine in Marinara Sauce. Featuring traditional sweets such as Save-the-Day Sour-Cream Coffee Cake, Tiramisu, and Dads Favorite Pignoli Cookies, this tempting array of mouthwatering masterpieces also provides tips on how to make these classic dishes more healthful without sacrificing flavor. Author: Zappala, Janet Publisher: Addicus Books Illustration: N Language: ENG Title: My Italian Kitchen: Home-Style Recipes Made Lighter & Healthier Pages: 00170 (Encrypted EPUB) / 00170 (Encrypted PDF) On Sale: 2012-09-01 SKU-13/ISBN: 9781886039025 Category: Cooking : Regional & Ethnic - Italian

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