

Mp3 Big Fat Hen - Uptown



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Punk, Ska, Reggae. 15 MP3 Songs ROCK: Punk, ROCK: Grunge Details: The members of Big Fat Hen are Jason Berger, Benito Bermudez, and Giancarlo Rivera. Their music is best described as a combination of Reggae-Punk, Ska, Jazzy Funk, and Alternative Rock with touches of Metal and Hip-Hop. Big Fat Hen's first of three albums, Uptown, was released in June of 1998. The music was featured on many local radio stations where the songs: Noble, hardy, donkey and boost hit the charts. This new CD earned the band recognition as "The Best New Band of 1998" by the most popular Rock radio program, "Volumen Brutal". Their first Spanish song, "Somos PanameNos" was released on a Compilation CD of the best twelve rock bands in Panama. Later, with the release of the second CD titled Small, and the first video of the song "Maryhen", which hit nine top tens reaching #1 in four of them, Big Fat Hen regained the limelight in the local rock scene. Big Fat Hen released their 3rd CD, Medicine in the year 2000, and a Live album in 2002. In december of 2003 after the release of his 5th CD titled "Polyphase" Jason changes the group's name to POLYPHASE. The band has evolved tremendously over the last eight years, and their music is much more complex,with fusion crossing many genres; consequently, with the maturing of the music comes the evolution of the name. Polyphase already has 2 CD's which you can hear or purchase "Atrophy" produced in 2004, and "Incision" their latest production released in September of 2005. For more information vistit polyphase Big Fat Hen has played in all of the most important clubs and bars in Panama, as well as all the major concert venues. They have also played in Cartago, Costa Rica at "La Finca". In spring of 1999, Big Fat Hen went to Miami and played at Hard Rock Caf in Bayside and at the Scala Bay Club. In November of 1999, Big Fat Hen showcased in New York City, at the Lion's Den, Downtime, and Don Hill's. Big Fat Hen also gave a performance at the Caribbean Music Expo 2000 in Ocho Rios, Jamaica. Big Fat Hen has also shared the stage with 10,000 Maniacs, Men at Work, Plastilina

Mosh, Alianza, Ataque 77, Lucero, Allan, Los Rabanes, Gruvis Malt, Journey, Cheap Trick, and 38 Special, Orange Sky and Desire. Big Fat Hen has appeared on the cover of several publications and has been the subject of dozens of local newspaper and magazine articles. They have been interviewed on all the local rock radio stations, a couple in Costa Rica, in Jamaica and one in New York. They have aired on all local television networks and in Costa Rica and Jamaica with their videos or in interviews. Big Fat Hen has had great success in Panama despite their songs being in English. They represent an extinguishing culture of Panamanian/ American/ Caribbean mix, which can be felt in the fusion of their music.

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