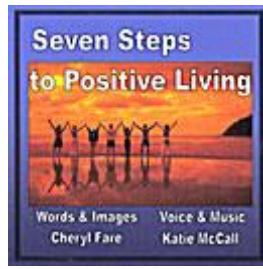


Mp3 Cheryl Fare - Seven Steps To Positive Living



[DOWNLOAD HERE](#)

Inspiring, Easy and Accessible Meditations for Creating Positive Living. 8 MP3 Songs in this album (55:35) ! Related styles: SPOKEN WORD: Inspirational, SPOKEN WORD: Instructional People who are interested in Marianne Williamson Cheryl Richardson Esther and Jerry Hicks should consider this download. Details: In Seven Steps to Positive Living, accomplished singer/songwriter Cheryl Fare presents a self-help program designed for those who would like to introduce moments of quiet contemplation into their hectic lives. For this innovative project, Cheryl collaborates with Katie McCall, nationally known voice and on-camera talent, and healing practitioner. Together, Cheryl and Katie bring you a collection of 7 easy and accessible guided meditations, each under ten minutes, designed to support you in areas of your life such as: positive health, positive interactions, positive relationships, and positive self. Cheryl's inspiring words lead you on a firm but gentle inward path to creating the positive and prosperous life of your dreams. Tapping into universal themes of human experience, Cheryl brings about a program that examines essential truths of our existence, and enables the listener to create building blocks for a truly positive and productive life. Written at a time when her father was slowly succumbing to congestive heart failure, Cheryl sees this work as a road map to overcoming the negative influences we allow to limit our true potential as agents of love. The calm reassurance of Katie McCall's voice, combined with the foundation of a soothing music bed, makes Seven Steps to Positive Living a fine way to begin a new and better phase in your life, or reinforce the lessons that frame your current bliss. Praise for Seven Steps to Positive Living: I encourage people in all stages of praying and meditating to give themselves a powerful CD of seven 10-minute meditation segments that gently open each of our seven chakras. Our church congregation and I laud this CD. Order yours today! Each step is enchanting to me and so relaxing yet laced with wisdom that floats into my consciousness with ease. I feel this CD would be

very valuable for someone who wants to practice meditation and does not know how. It is also of great value to those who may have been meditating for some time, yet are open to refreshingly new, healing techniques. Blessings! - Joyce Fisher Pierce, Senior Minister, Unity Christ Church of Bon Air, Richmond, Virginia I was very impressed with your CD: Seven Steps to Positive Living. Your meditations were excellent. They were very unique and powerful and enriching. I loved the concept of the 7 meditations (powers) that lead to a positive life. I was very impressed with the quality and thoroughly enjoyed your CD. Thanks for sharing with me. - Michael Gwin, Ph.D., author of The Three Big Questions About Cheryl Fare: A compelling writer of songs and prose, an actor on stage and screen, an educator and a prolific creator and producer of performing arts Cheryl Fares work combines the grounded stance of a show business veteran, with the vulnerable and fascinating cadence of a rich personal history. Springfield, Cheryl's newly released collection of original songs, is a fun and intriguing blend of jazz, blues, and folk rock, featuring truly fine lyrics and stellar musical performances. Described as intimate and laid back, vulnerable and haunting, Springfield takes the listener on a powerful, sultry, and captivating journey - Like all good blues artists, she lets you know you're not alone. Drawing comparisons to Cowboy Junkies, Norah Jones, and Phoebe Snow, the alluring vocals and songwriting of Springfield make the trek from sweet heartache, through shady summer back roads, and back again. As an actor, Cheryl has appeared in numerous TV commercials and industrial videos, and feature films. A native of Springfield, VA, Cheryl is a happily married mother of 2 teens. About Katie McCall: Katie McCall is a full time actress, enjoying national and regional on-camera and voice work. She is also certified in several healing modalities. Katie is a certified Results System practitioner, a Reiki Master, Master IET Practitioner/Instructor, and a Certified Hypnotherapist.

[DOWNLOAD HERE](#)

Similar manuals:

[MP3 In Color - In Color \(the Lamp Album\)](#)