

Nightmares: How To Make Sense Of Your Darkest Dreams

- Alex Lukeman

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Nightmares discusses subjects such as why we have nightmares, the language of dreams, universal symbols and some basic instructions for finding relief from nightmares. Author: Lukeman, Alex Publisher: M. Evans & Company Illustration: N Language: ENG Title: Nightmares: How to Make Sense of Your Darkest Dreams Pages: 00432 (Encrypted EPUB) / 00432 (Encrypted PDF) On Sale: 2012-07-26 SKU-13/ISBN: 9780871319173 Lib Category: Dream interpretation Lib Category: Nightmares Category: Health & Fitness : Reference

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