

Each Day A New Beginning: Daily Meditations For Women

- Karen Casey

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Find inspiration and guidance for dealing with the challenges and new experiences of recovery in the writings Each Day a New Beginning-from a woman who cares about others. This beloved author writes about self-esteem, friendships with other women, hope, attitudes about life and relationships, and more. Her words help bridge the gap between self and Higher Power, between loneliness and sharing the emotions of recovery. Almost three million recovering women turn to these meditations each day. Author: Casey, Karen Publisher: Hazelden Illustration: N Language: ENG Title: Each Day a New Beginning: Daily Meditations for Women Pages: 00400 (Encrypted EPUB) On Sale: 2009-06-03 SKU-13/ISBN: 9780894861611 Category: Self-Help : Meditation Category: Self-Help : Twelve-Step Programs Category: Body, Mind & Spirit : Inspiration & Personal Growth

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