

Mp3 Nandin Baker - Pure Delight



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Relaxing to uptempo music with the flute in the foreground and a vast array of instruments in the background (Indian tabla, harp and santour as well as keyboards and guitars). 8 MP3 Songs NEW AGE: Ethnic Fusion, NEW AGE: Solo Instrumental Details: Nandin was born in Canada and played the piano and guitar until she became infatuated with the flute. She studied with world famous flutists and followed a career as an orchestral musician and flute teacher. Later, playing with musicians from all over the world she started improvising and found her own musical style. In my own words: As a child, music was something magical for me. Our piano held hidden secrets that I understood from the adults around me only a music wizard was qualified to impart to me. The scales and music theory that this included were a disappointment however, and I gave it up after a few years. I had my first 'spiritual' experience as a child while walking around in the snow one afternoon, singing, which brought me to such a state of bliss that tears overflowed. As I returned home, I realized that I couldn't tell anyone about this - they would think I was nuts! So I proceeded with 'normal' life, tried to get good grades, and was basically not terribly fulfilled. A big turning point for me came when my older brother died. He had been discovering the illusion of the society that we live in, and had pointed out some of the lies and inconsistencies within which we operate. This set me on the path of trying to make sense of it all. I was also learning the guitar at around this time, and composing songs out of the angst of teenage-hood, (a tried and true way of surviving adolescent confusion). One day, when I was 16, I heard someone playing the flute, and suddenly I had to have one. I mean, I really had to have one! I saved up by selling corn dogs (wieners dipped in corn batter) at the local fair (the Calgary Stampede). When the flute arrived, I was entranced. With it, I loved improvising music with my friends, but somehow ended up on the path of becoming a professionally trained musician. This involved studying with famous flutists, practicing for hours daily, getting a music degree in composition,

playing in an orchestra and various ensembles and finally teaching at the local University and Music College. That 'unfulfilled' feeling was still operating in the background however. Around the time I started playing the flute, I also started doing yoga, which was helpful, especially since I reached that state of deep peace following the exercises when you lie down and relax. Aha - I realized, this is the meaning of 'the peace that passeth understanding'. I had heard that said when I was a child at church, where I sang in the choir. (I had quit going to church when I was around 8 though, daunted by yet another year of colouring Jesus and the disciples instead of getting into the nitty gritty and hopefully interesting stories of their lives and what this whole church thing was about.) After supposing that I would live happily ever after as a flute teacher in Calgary, things changed radically when I met Osho, and I rediscovered my original passion for that divine bliss I had experienced as a child. At this point, I felt compelled to leave my home and strike off into the unknown. I started off in Montreal, passed through Italy on my way to India, and finally ended up in Rome, following my heart's desire to simply play music in the street. I was quite successful with this, and due to how amazingly inexpensive it is to live in India, made almost yearly visits of a few months to the Osho International Commune in Pune (osho.com). This was a fascinating time - and I glimpsed that divine bliss and peace over and over again in many guises, including in the often incredible music I played with the other musicians who came from all over the world! (Deva Premal and Miten, Prem Joshua, Karunesh, Sambodhi Prem, Chinmaya Dunster, Milarepa, and Manish Vyas just to name a few.) And so started my CD career with the musicians I met there. ('Feng Shui' Parts One and Two, 'Windsongs', 'Pure Delight', 'Tai Chi', 'The Art of the Wise Women', 'On a Day Like This', 'Flowers' and 'From Here to Here' come from this time) Then I met Samarpan which led to the end of my continual outward seeking after this divine bliss and peace. Through him, I realized that it underlies my whole life and the lives of everyone, whether we notice it or not (samarpan.de). I discovered who I really am, (vastness, deep peace, silence, bliss) and got to make a lot of music too! I started to play keyboards and sing again, and there was often an exquisitely beautiful meeting with the divine in the music. Humorously, I am often so touched as I sing or play (especially while improvising), that tears come, (like when I was a kid singing in the snow) which in turn makes my nose run - which requires sniffing, or blowing my nose or some other unmusical sort of thing. (I mean, I can't just stop playing and say to the public 'Hold it while I blow my nose'. I have managed to keep the sniffing off the recordings however.) The CDs 'Divine Landscapes', 'Secrets, Tea for an Empty Cup', 'The Universe Inside', 'Touched by the Divine',

'Atmospheres in Music', 'Blessings', 'Yes Is the Answer' and 'Out of the Moment' came out of this time. The music on all of these CDs helps to support a meditative and relaxing atmosphere to help bring the listener to peace. If singing is your preference, 'Yes Is the Answer' is a double CD full of songs, bhajans and mantras. After some years on the road with Samarpan, I met Arjuna (livingessence) who brought to light how we can actually live an awakened life, and embody who we really are on a practical level. This is fantastic, and makes life easier and more delightful - which is what my name, Vimal Nandin means in Sanskrit - 'Pure Delight!' People who are interested in Anugama Deuter Prem Joshua should consider this download.

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