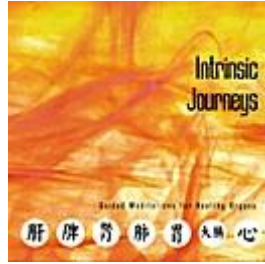


# Mp3 Wendy Goodwin - Intrinsic Journeys:guided Meditations For Healthy Organs



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Details: I have been a licensed acupuncturist since 1990. Prior to that time I worked with severely disabled children, learning how to intuit their needs since they could not verbalize them. I bring this sensitivity to my work now, as well as the desire to continue in the teaching mode. Learning how our bodies work keeps me in a state of awe - the intricacies of chemical and electrical pulsations and the interplay of emotions with physical responses are fascinating and magical. I feel that the more responsibility we accept in creating our own health the more powerful we will become. Our minds are incredibly powerful and we can easily create our own health by focusing our attention on what we desire. Every time we do something kind for our bodies it registers in our unconscious as a desire to create more health and well-being naturally follows. May you love and support this incredible vehicle, your body.

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