

The Post Traumatic Stress Disorder Relationship - Diane England

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War, physical and sexual abuse, and natural disasters. All crises have one thing in common: Victims often suffer from post-traumatic stress disorder (PTSD) and their loved ones suffer right along with them. In this book, couples will learn how to have a healthy relationship, in spite of a stressful and debilitating disorder. They'll learn how to: Deal with emotions regarding their partner's PTSD; Talk about the traumatic event(s); Communicate with their PTSD partner when separated by active duty; Handle sexual relations when a PTSD partner has suffered a traumatic sexual event; Help your partner cope with everyday life issues. When someone has gone through a traumatic event in his or her life, he or she needs a partner more than ever. This is the complete guide to keeping the relationship strong and helping both partners recover in happy, healthy ways. Author: England, Diane Publisher: Adams Media Illustration: N Language: ENG Title: The Post Traumatic Stress Disorder Relationship Pages: 00288 (Encrypted PDF) On Sale: 2010-10-30 SKU-13/ISBN: 9781598699975 Category: Family & Relationships : Emotions

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