

Die Bedeutung Der Gesundheitserziehung Im Sportunterricht - Joern Grosselfinger

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Mit dieser Arbeit soll auf die Problematik der allgemeinen Entwicklung der abnehmenden FÃfÃhigkeit, Sport zu treiben, von SchÃfÃlern der Sekundarstufe I hingewiesen werden, die im Zusammenhang mit akutem Bewegungsmangel steht, der sowohl auslÃfÃsender als auch begÃfÃnstigender Faktor von Zivilisationskrankheiten darstellt. Es wird sich mit der Frage beschÃfÃftigt, ob der Lehrplan der Grundschulen in Rheinland-Pfalz ausreichende Grundlagen und AnsÃfÃtze beinhaltet, um den SchÃfÃlern spÃfÃter fÃfÃr die Sekundarstufe I eine ausreichende Basis der Gesundheitserziehung durch Sportunterricht zu bieten. Nach einer umfassenden Darstellung der Bedeutung der Schulzeit, medizinischer und ErnÃfÃhrungsaspekte auf sportliche AktivitÃfÃten, werden durch Herausarbeitung der Ziele der Gesundheitserziehung durch die sportliche Sichtweise verdeutlicht, wie unentbehrlich der Sportunterricht, speziell in der heutigen Zeit, geworden ist. Es wird darauf hingewiesen, dass sich der Autor in dieser Arbeit hauptsÃfÃchlich auf den Aspekt der Bewegungsnotwendigkeit in der Gesundheitserziehung konzentriert. Deshalb werden psychische und soziale Aspekte der Gesundheit in den Hintergrund treten. Author: Grosselfinger, Joern Publisher: GRIN Verlag Illustration: N Language: GER Title: Die Bedeutung der Gesundheitserziehung im Sportunterricht Pages: 00018 (Encrypted PDF) On Sale: 2005-01-01 SKU-13/ISBN: 9783638347785 Category: Sports & Recreation : General

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