

Lovers' Yoga/massage Bundle - Darrin Zeer

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This two-book bundle includes both Lovers' Yoga and Lovers' Massage. Best-selling author Darrin Zeer knows that two are better than one when it comes to yoga and massage! Delightfully illustrated, Lovers' Yoga outlines 60 surprisingly simple stretches organized into five chapters: Playful, Powerful, Peaceful, Patient, and Passionate. Lovers' Massage draws on a range of exotic massage techniques to create soothing moves. Enticing illustrations accompany the 65 massage techniques, encouraging couples to enjoy the book from beginning to end for an unforgettable full-body massage. Author: Zeer, Darrin Publisher: Chronicle Books LLC Illustration: Y Language: ENG Title: Lovers' Yoga/Massage Bundle Pages: 00192 (Encrypted EPUB) On Sale: 2012-09-28 SKU-13/ISBN: 9781452102733 Category: Health & Fitness : Massage & Reflexotherapy Category: Health & Fitness : Yoga

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