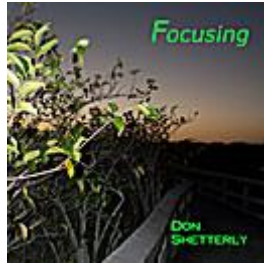


## Mp3 Don Shetterly - Focusing



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A pianist and composer creating music that takes you to another dimension and another world. The CD, "Focusing" is filled with great emotion coming out of Don's own personal struggles and triumphs. 14 MP3 Songs NEW AGE: Healing, NEW AGE: Meditation Details: Imagine for a moment, someone sitting down at a piano, resting their fingers on the keys and then in the next moment, they began to play. Their fingers touch the keys almost as if the heavens are releasing the sounds of another world. Each note played is important and a connection to the note that follows. All of the notes together combine to form a song, a thought, and a dance. For this is how Don's music originates. It is not rehearsed nor is it pre-composed. It is not recorded in multiple tracks or sessions. The music is recorded all at once, live and without any touch up whatsoever. The music is from another dimension, another world and another time. Every note that comes out of a recorded piece is but part of Don's innermost thoughts, feelings, and emotions as they relate to certain aspects and events of his life. To have this music touch the innermost part of your being is to understand the music and the notes that make it up. For it to grasp you by the hand is to experience a quiet moment in another universe where music knows no boundaries. Don began at the age of 8 years old on an old upright piano purchased out of a neighbor's garage for \$35. Early on, he did take piano lessons and learned how to read music. However his greatest accomplishment and enjoyment comes as he sits down, places his hand on the keyboard and lets his soul and his heart open up into the beautiful music that gets created. In 2003, Don Shetterly released his first CD entitled "Dancing With Life". It is a collection of music that has been described as soothing, beautiful, and flowing. Don continues to work on his music as the music comes to him. In May 2005, Don Shetterly released the single, "Massage Music", which is a beautiful relaxing heart felt song that will heal your soul. "Massage Music" has been included on the latest CD, "Focusing", released in 2005, as a bonus track! The CD, "Focusing"

is filled with great emotion coming out of Don's own personal struggles and triumphs. It is both reflective and forward looking as it draws deep within the soul where words fall short. It grasps our attention as we look within ourselves and as we look deeper, we become more aware, more focused and more at one with ourselves. Don is a licensed massage therapist and uses the power of music with his clients to help promote relaxation and healing in them. Music takes us to places where we might not otherwise travel and it helps us reach new heights of relaxation. Artists such as Yanni, George Winston, Bradley Joseph and Steven Cravis have been influential in Don's development and public release of his music. For these individuals helped Don to realize that his music should not be hidden but be allowed for everyone to experience.

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