

The Everything Guide To Narcissistic Personality Disorder

- Cynthia Lechan Goodman M.ed

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Narcissistic Personality Disorder, often mistaken for a too-big ego or inflated self-esteem, is in actuality a severe psychological condition that ruins marriages, social relationships, work environments, and the sufferer's own sense of self. Although perceived as self-confident and arrogant, narcissists are really victims of devastatingly low self-esteem and insecurity. The Everything® Guide to Narcissistic Personality Disorder is a comprehensive resource for readers who need guidance, including information on: Identifying the symptoms in themselves and their loved ones Different types of narcissists Living with a narcissistic (one-way) relationship Treatment options and methods Preventing narcissism in children and young adults Recovering from a narcissistic relationship with a parent, spouse, or friend Complete with an exclusive section on the epidemic of "net narcissism" due to social media, The Everything Guide to Narcissistic Personality Disorder is the complete guide to a misunderstood disorder that impacts millions everyday. Author: Goodman M.ed, Cynthia Lechan Publisher: Adams Media Illustration: N Language: ENG Title: The Everything Guide to Narcissistic Personality Disorder Pages: 00304 (Encrypted EPUB) On Sale: 2011-11-15 SKU-13/ISBN: 9781440528811 Category: Self-Help : Mood Disorders

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