

Hypnosis Power Focus

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Description: This download is designed to develop a tool of concentration within your mind using visualization while giving you access to this tool at any time, using mental triggers for access to this powerful concentration state of mind. Hypnosis Induction: Ericksonian/Conversational Hypnosis Rapid Induction Techniques Used: Direct Suggestions, Indirect Suggestions, Reframing, Fractionalization Deepening, Visualization, Post Hypnotic Triggers Guided Hypnosis By: Jesse Berg, CHT Track One-PreTalk: 19 minutes 36 seconds Track Two-Hypnosis: 46 minutes 05 seconds

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