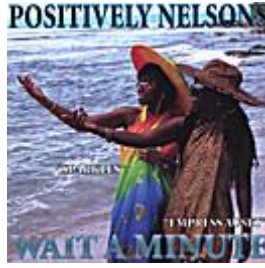


## Mp3 Positively Nelsons - No More Tumble Weed



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Do you need some upliftment? This motivational CD has diverse styles and formats that WILL appeal to everyone on different levels. Our 2nd album, Wait A Minute, is also available on CD Baby, check it out. 11 MP3 Songs WORLD: Reggae, SPOKEN WORD: With Music Details: Born to Mr. And Mrs. Adolphus and Henrietta Nelson in St. Croix USVI, Arvian is the youngest among her siblings Bridget Nelson Hodge, Stephanie Empress Auset Nelson and Terrence Positive Nelson. She attended St. Croix Central High School from 1987- 1989 and completed her 12th grade year at Enloe High School in Raleigh, NC in 1990 where she graduated and obtained her High School Diploma. She graduated Suma Cum Laude from St. Augustines College in Raleigh, NC in 1994 and obtained a bachelors degree in Chemistry. She later received a Masters degree with honors in Organic Chemistry from NC A&T State University in Greensboro, NC in 1997. As a child, Arvian has always had a fascination for singing, dancing, writing poetry, writing songs and becoming a chemist; she has managed to do all and successfully maintain them through the grace of GOD. Her love for singing led her to becoming a songwriter at the age of 13 which she continues to do in her spare time. Her songs encompass a variety of music genres and are typically based on realistic situations from personal experiences, experiences of others, local and global issues. Arvian A.K.A. Sparkles and her sister, Stephanie A.K.A. Empress Auset, have often sung together for numerous events throughout the years. After many years of singing together, in February of 2005 with persistence and determination from her sister Stephanie, they decided to come out with their own CD. Collectively, they are called Positively Nelsons. Their first CD entitled No More Tumble Weed contains 11 tracks of a variety of styles and formats and is currently available online and in selected stores. Seen to be a well-rounded and fun individual, Arvian has been involved in a vast amount of activities and has held various positions including but not limited to choir director and youth director at The Altona Baptist Church

in St. Croix USVI, choir director at Joy and Deliverance Christian Church in Raleigh, NC , choreographer for the Caribbean Cultural Explorers Dance Group in Raleigh, NC, assistant cook for Ethnic Cuisines Caribbean Catering in Raleigh, NC and the founder/sponsor of the Formal Caribbean Swareh (a Caribbean Ball) and the Annual Island Fire Pageant in Raleigh, NC. Currently, Arvian is a project manager with a pharmaceutical/biotech company in RTP, NC. She is married to Garfield Duval and has two lovely children, Garian and Ariana Duval. Stephanie attended St. Croix Central High School and is a proud graduate of the class of 1984. She attended college at UVI in St. Thomas, Virgin Islands and Saint Augustines College in Raleigh, North Carolina. At Saint Augustines, she was a member of Kappa Delta Pi Honor Society and Alpha Kappa Alpha Sorority Inc. Stephanie graduated Suma Cum Laude in 1990 from Saint Augustines College with a Bachelor of Arts degree. Later, she attended Cambridge University where she studied for her masters degree in Education. Stephanie is the proud mother of four boys: Trevon, Khalil, Carl-Michael Jr., and Zion. Trevon Island Shadow Nelson, the former Jr. Calypso King for four consecutive years is the eldest of them all. Stephanie loves to sing and has been singing in church from a very young age to the current date. Besides singing, some of her other hobbies include sewing, hair-braiding, cooking and dancing. Stephanie and Arvian intend to keep on singing and blessing other people with the gift that God has bestowed upon them. They thank God for all that HE has done thus far and recognize that HE is the omnipotent one. Whether you call him Jah, God or otherwise, there is only one and everyone needs to recognize that, says the sisters. Stephanie and Arvian give Him praise and honor for all their accomplishments in life.

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