

Nutrition: What Every Parent Needs To Know

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Developed by a committee of more than 25 board-certified pediatricians, this fully updated guide is the key to maintaining children's health. The information and strategies needed to meet kids' dietary needs from birth through adolescence are examined in detail as well as standards of weight and height, eating disorders, alternative diets and supplements, allergies, cholesterol-lowering medications, and concerns regarding food safety. This revised edition also features growth charts, the current food pyramid, and many new recommendations from the American Academy of Pediatrics. Publisher: American Academy of Pediatrics Illustration: N Language: ENG Title: Nutrition: What Every Parent Needs to Know Pages: 00300 (Encrypted EPUB) / 00000 (Encrypted PDF) On Sale: 2011-10-01 SKU-13/ISBN: 9781581103212 Category: Family & Relationships : Parenting - Child Rearing

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