

# Goal-focused Coaching - , Elaine Cox

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This book offers a comprehensive, practical guide to goal-focused coaching. Addressing a significant gap in the literature, Ives and Cox contextualize goal-focused coaching within the broader coaching framework and explain the efficacy of this approach across a number of contexts and applications. The book draws on behavioral science, rather than humanistic psychology, to provide a well-researched, evidence-based guide that includes: A detailed examination of the theoretical underpinnings of this approach A discussion of the skills, models and formats for goal-focused coaching Cutting edge insights into barriers to coaching and managing the coaching relationship Summaries, vignettes, references, and diagrams to aid learning Goal-Focused Coaching will be of interest to students taking classes in coaching, as well as professional executive coaches. Author: Ives, Yossi Author: Cox, Elaine Publisher: Routledge Illustration: N Language: ENG Title: Goal-focused Coaching Pages: 00200 (Encrypted EPUB) / 00200 (Encrypted PDF) On Sale: 2012-12-12 SKU-13/ISBN: 9780415808958 Category: Business & Economics : Training Category: Business & Economics : Organizational Behavior Category: Business & Economics : Organizational Development

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