

# Mp3 Cara Tower - Ambience Of Love



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Up lifting messages. Heart-felt lyrics and melodies that touch the soul. A voice that will haunt your dreams. Modern world music, crossing over into popular music. 9 MP3 Songs in this album (44:14) !

Related styles: POP: Pop Underground, WORLD: Asian- East People who are interested in Madonna Sheryl Crow Bjrk should consider this download. Details: 1 )EVEN WHEN we're at the bottom of our roller coaster, or the top, we've got something extraordinary...A Life. Let's enjoy the ride while we're on it. 2)LOVE IS NO STRANGER...rather the center of our personal universe and the greatest dance teacher in this waltz between the finite and the infinite. 3) WHY...believe in anything? 4) BEFORE THERE WAS A NAME...we learned to call things by we freely responded to the hum of our existence. 5) SPEAK TO ME...let's use our universal language; the language of the Heart... she articulates herself...perfectly. 6) COURAGE TO CHANGE...the things we can, if for the change we stand a better man. 7) LESSONS OF LOVE...are everywhere. 8) FLOWERS...always bloom in the secret garden. 9) APPALACHIAN WIND

Words and Music: Cara Tower Produced and engineered by Cara Tower with Eduardo del Signore Mastered: Paul Dugre All Photos: Nobuaki Matsubara CD Art and Design: Ashley Oliver Deep heartfelt Thanks to Nobu Matsubara for his love and support And the magical musical contributions of Eduardo del Signore, Ron Wagner, Marcel Adjibi, Rick friend, Dave Frankle and Tim Hain. Humble thanks to Prem Rawat for his constant inspiration; mspeaks.com For further content please visit: caratower FuryBuddhaMusic/BMI RawDog records LYRICS LYRICS LYRICS LYRICS 1) EVEN WHEN Even when I'm over worked Even when I'm under paid Even when I can't fall to sleep and the clock on the wall just creeps in slow motion. Even when I'm the flavor of the month Even when I've been rejected on all fronts Even when I loose control and decide it's just better to roll with the punches. I have life, I have feeling, I exist, I am breathing I have time, I have strength, I have possibilities. Even when I'm unemployed Even

when the world around me has been destroyed Even when I'm out on a limb and the chances of winning are slim or next to nothing. Even when I've been humbled by my loss Even when I'm hammered up my own cross Even when I'm out in the blue sporting a new tattoo that just says loser. I have life, I have feeling, I exist, I am breathing I have time, I have strength, I have opportunity. When my hope no longer gives shelter to my pain When all my good intentions leave me standing in the rain once again, I will remember, I will remember, I will remember I have life, I have feeling, I exist, I am breathing I have time, I have strength, I have possibility. Truth is not a pearl dropped in the bottom of the sea Truth is not a dream Truth is not living in some book or new philosophy Truth is dancing in simplicity Inside of you, inside of me Truth is not a dream. not a dream, not a dream. 2) LOVE IS NO STRANGER Love is no stranger When she comes knocking at your door. She says, "Come on let me in I am the tempest of all things you've placed your trust upon." "And I pick you if you want me to I'm yours For the receiving I pick you, unravel me on and on and on and on and on." If she finds you worthy Love annihilates your coarse. Saying, "Come on take a chance on the path of the untamed so I can help you know your name." "I pick you if you want me to I'm yours For the receiving I pick you, unravel me On and on and on and on and on. Love will carry on and on and on. Love is constantly waiting to respond To the gentle pounding Of your heart resounding She exists to play upon The flute of your most intimate song. Singing, "I pick you 3) WHY Why chase the advice of others when I've got the counsel of my heart? Why favor statistics when I've got my own experience? Why modify religion when there's ultimate faith in the self? Why kill myself for success when breath is the source of my wealth? Why look for proof when 'what is' already is? Why wait for a miracle when the blessing is this existence? Why believe in the unbelievable when reality is speaking sweet and clear? Why exasperate the journey when truth sits still within a place of recognition? Why define morality when simple honesty will do? Why drum up illusion when life is the beauty we can see? Why count on the future when all I can embrace is now? Why cling to the past when the present is everything anyhow? Why go all the way to India, when the quest starts within my heart? Why make a concept out of enlightenment When the sun is always shining behind the clouds? Thank you for reminding me of everything that's real. Thank you for showing me a richness I feel. Thank you for guiding me Thank you for all I have learned Thank you for speaking to me in the most practical terms Thank you for encouraging me to stand my own ground To trust in this life is the sweetest sound I once was lost but now I have found My way home. 4) BEFORE THERE WAS A NAME Before there was a name Stars

bejeweled the sky The moon taught her chariot to fly Before there ever was a name The grass still  
swelled with rain wheat bowed down to the ground just the same Before there was a name The wind  
dueled with the trees rivers gave themselves to the seas Before there ever was a name I could remember  
To express myself out loud But to navigate this tongue From a cage of words Im bound If I ever start  
believing all this name-calling is real Remind me how to feel my way back home Before there ever was a  
name Fruit still ripened on the vine Seasons spun a continuum of time Before there was a name The sun  
ran through the fields of gold Before there ever was a name I could remember To express myself out loud  
But to navigate this tongue From a cage of words Im bound If I ever start believing all this name-calling is  
real Remind me how to feel my way back home. 5) SPEAK TO ME Speak to me from the depth of your  
heart Speak to me I'm longing to hear you Speak to me from an unambitious place Be direct with me  
Speak from the depth of your heart. from the depth of your heart. Don't be scared,don't be shy Don't hold  
back, just let it fly Don't be guarded, speak to me It's the authentic you I want to see. Let's express how  
we feel, let's keep it real Speak to me, from the depth of your heart Speak to me, I'm longing to hear you  
Speak to me, from an unambitious place Be direct with me Speak from the depth of your heart. From the  
depth of your heart. If you feel lost, just let it be The river finds it's way eventually You don't have to cover  
up anything for me It's the authentic you I want to see. Let's express how we feel, let's keep it real  
PALABRAS QUE TRAEN TU CIELO VIENEN DE TU BOCA HASTA MI PIEL HABLAN DE SOL Y MIEL  
CON BUENAS NUEVAS LLENAS DE RAZON DICEN BIEN CLARO DE LO CIERTO QUE ES DESDE  
EL FONDO DE TU CORAZON Speak to me,from the depth of your heart Speak to me,I'm longing to hear  
you Speak to me from a simple place Be direct with me Speak from the depth of your heart. From the  
depth of your heart From the depth of my heart. 6) COURAGE TO CHANGE Can we heal our anger with  
forgiveness? Can we follow our nature without shame? Can we speak from the heart directly? Can we  
give ourselves as though we've got nothing to loose, Can we choose... The Courage To Change The  
efforts never ever in vain When you find the courage to change Can we address the greatest good in  
each other? Even when we're blinded by rage? Can we lay down the shield of our defenses? Can we  
trust ourselves enough to openly embrace, stand and face The Courage to Change? The effort' s never  
ever in vain When you find the courage to change. Changing round the changeless Changing round the  
changeless Can we walk the road of transformation? Shedding our conceptual skins? Can we relax in the  
reality of what is? Can we just let go as though we never had the reins just growing pains... Through The

Change the effort's never ever in vain When you find the courage to change Whole heartedness to change Recognition to change It takes a sense of freedom to change Honesty to change It takes openness to change Flexibility to change More than demographics to change It takes a lot of understanding to change It takes vital signs to change Humility to Change Changing round the changeless Changing round the changeless It takes whole-heartedness to change.

7) LESSONS OF LOVE These little messengers of love come in unsuspecting forms they carry little mirrors to share reflections of the now they live within our house of time like little notes received to sound within our symphony of life with hidden colors they paint themselves upon the landscape of our hearts These precious messengers who bring the lessons of love who bring the lessons of love.

8) FLOWERS My body aches in these moments of solitude and yearning you say the depth of what I feel is just my thirst burning waiting for the desert rain to quench my thirsty land one drop of your love And Im blooming like a flower in the sand blooming like a flower in your hands. Its quiet on the battle front the dragons finally sleeping the heat, the flame, the scorching remarks are now so sweetly weeping Waiting for the desert rain to quench my thirsty land one drop of your love And Im blooming like a flower in the sand blooming like a flower in your hands. To the scent like bees consumed by the flower of the hearts perfume In the color of my room I can breathe the hearts perfume Dripping down in sheets of light To kiss my fears and kiss my fright Rising, falling with the waves To satisfy this heart that craves To drink the feeling solely in To hear the silent sound begin My body moves through these moments of solitude and yearning you say the grace of what I feel is my gratitude returning waiting for the desert rain to quench my thirsty land one drop of your love And Im blooming like a flower in the sand blooming like a flower in your hands. to the scent like bees consumed by the flower of the hearts perfume.

9) APPALACHIAN WIND Like the Appalachian wind Blowing strong against my skin Always present, but never kin Wild Appalachian wind I hear you calling But I won't invite you in. So you can stand outside my window With your flowers and your wreaths You can speak your lover's wisdom But never will I believe In the heart belonging too The Appalachian wind Growing restless with my skin Never will I win The wild Appalachian wind I hear you laughing But I won't invite you in. So you can dance outside my window With your poetry and drum You can chant your Celtic rhythms But never will I come To know the heart belonging too The Appalachian wind. Do we end before we begin? To feel the strength of our skin Wild Appalachian wind I hear you pounding But I won't invite you, I won't let you in. So you can sing outside my window With your gypsy violin You can play until the

sunrise But I still won't let you in For I may never win The heart belonging too The Appalachian wind.

WHAT PEOPLE SAY I was at caras concert in germany - magical. David Coleman My dear Cara, I received your lovely music and have been enjoying it immensely! i enjoy listening to your voice - strong and soft around the edges and quite soothing i might add. My only complaint about your cd was song number 7 - Lessons of Love. And what is my complaint? It was too short. i play it again and again and again and again and again, ok you get the picture. i love that melody. it is rich with feeling. the humming and the singing and the piano - the melody reaches into me and one day while driving in my truck it got me. i started balling cause i was in that space in my heart where the world of feeling takes over and logic goes right out window. You have just made it to the top two of my favorite musicians list! The entire cd is incredible Cara! I'll be happy to help out with the next one. Lotsa love Mike Donahoe Hi Cara, Thank you so-o-o-o-o much for the new CD. It is excellent!! Cheers, Jim. You are one serious singer, I though you only did simple spiritual beautiful contemporary music, but no, your a grand vocalist, moma mia... Bravo....GioFilm Rick Hay Cara ... I received your new CD today ... I love it! ... I can't make up my mind which is my favorite song ... it's between "Even When" and "Before There Ever Was a Name" and "Appalachian Wind" Dennis Jones You are so Beautiful Cara. Thank you for sharing your Heart through your voice and your words for these ears to hear and this heart to feel. Janet Maddox Hiya Cara, Always enjoyed you music. I hv a few people on Keys and they wanted your music specifically. They like the simplicity of your lyrics, the clarity of voice and inspiration they felt. Thanks for sharing n looking 4ward to listening more. in Light, Chang :) W Blizz hi cara, your CD arrived yesterday, lovely! Dagmar E. Wakefield Hi Cara!! I want to thank you for your concert of yesterday here in Barcelona. I enjoyed a lot,and felt touched and emocionated. I like very much how you sing and play,but what i like the best,is what you transmit.My heart felt a lot of joy. "Come back to Barcelona,soon,please!!!" Marcos Romn Hi Cara, We treasure your "And Then...There is a Bridge" CD which you signed for us at a small concert at a wine bar in London a few years back. We like your website, beautifully done. Peace and Love, Jo and Kenji x hi cara m listen ur musiic it was so great ,and too much of feeling's m realy like ur music, otherwise how's u , m miss u while m listening ur music Subhash Singh Sengar I just loved your performance today in Barcelona. You charmed us with your beautiful voice, your deeply felt music and words, your magnetic eyes and above all: your open, pure and most contagious smile. Thanks again, Michel Castagnet I listened to your song 'come...' again, and everytime i pop the cd in, i get a little smile and a rush) I hope

your next one turns out to be a success too) they are very inspiring and just make me want to go inside lol. Anyways, enjoy) Kearan Prem Dev Dear Cara, my husband George passed away two days ago after a long battle with cancer. His funeral is this coming Monday, 15 June. I just wanted you to know that one of the songs that will be played during the ceremony will be your "Thank You" song. George was himself a musician, he played the guitar and bass guitar so the other music will be from the guitar greats. No classical music for us... I feel by playing this song M's presence will be felt on this sad occasion. Thank you for "Thank You". Warmly, Yolande "Cara, the lyrics in your song is very reflective of my life finding only freedom in M. Thanks for sharing this very enjoyable whimsical meaningful song :) Wyld Blizz Hi Cara, My chiropractor here in Ventura, Todd Binkley, played a CD that had your song, As We Are, on it during my treatment today. I asked him what the song was and the artists name. In my google to find out where I could get your CD, I find that you are in the same city. Which brings me to my questiondo you ever have any places here in Ventura where you appear? As We Are has some of the most beautiful lyrics I have ever heard. Thank you! A new fan, Emily Hi Cara, I am Jims wife. He played me the CD too (of course we were actually sitting side by side....it is very beautiful. Another CD to listen to when I'm painting. Thank you. best regards Dallas Hi Cara, I completely forgot to tell you that I received "Beyond Baroque" quite a few days back and it is beautiful. You ARE clever and talented and "connected". "Love Is Longing" is a gorgeous track to end a CD. Reminds me (a Little) of Laurie Anderson but it's YOU, of course. Regards, Jim Robson. hehe cara you rock ;) a goddess @santa barbara dump, nice ;) bet it was a bit loud with those dumpsters shiftin crap about tho.. and using a condenser mic lol! Hope u r well n happy love light laughter and life! K

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