

## Mp3 Charlotte - Words Of Comfort And Joy



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Powerful fusion of inspirational and spiritual poetry and new gospel songs. 13 MP3 Songs SPOKEN WORD: With Music, GOSPEL: Contemporary Gospel Details: Bio - Charlotte Sista C Ferrell Charlotte "Sista C" Ferrell is the founding Pastor of Mustardseed Ministries International, an outreach Christian ministry that especially focuses on using the creative arts for spiritual growth and health improvement. She provides counseling, prayer, mentorship, retreats and wedding services within the creative and performing arts community. Dr. Charlotte is also an adjunct faculty member at the University of Phoenix (So CA) and Charles Drew University. She teaches courses and leads independent workshops on health, creative arts, cultural diversity and spiritual development topics. Quarterly, she mentors about 50 students in health and human services fields through life-skills courses and extensive community agency externships. She is an African-American/Canadian, born in Kansas, now residing primarily in L.A. and part time in Ontario, Canada. After working as a health promotion consultant for the City of Toronto for 10 years and writing a weekly nutrition column for the Globe and Mail, she was in a serious car crash in 1989 that disrupted her ability to read and write coherently, and kept her bound with pain. It took 8 yrs, God's blessings, California's hot sun and work with caring chiropractors, drama coach Virginia Capers, and performance poetry mentor, Sunji Ali for her to achieve significant recovery. For Sista C, regaining her ability to write and perform poetry was like the dove God sent to signal the end of the flood. From scribbling five- line cynical limericks, she's advanced to creating a 125 page poetry book dealing with her journey from "Pillows to Pillars." On Aug. 11, she dedicated and launched the CD, Words of Comfort and Joy. Some of the poems were written during the painful period while her mother was losing her battle with cancer and have been shared with others dealing with personal and financial crises. They are a rebuttal to the despair that often creeps in after loss of a job or loved one and a celebration of love and life. Words

of Comfort and Joy is Sista C's 4th published recording. But, it is her first attempt at publishing both her songs and spoken word along with a guest song, by blues/gospel vocalist Allie Tolliver and a guest poem by Joel Williams. Other "friends" on the CD are also Christians with strong testimonies of deliverance from health and financial challenges. Sista C enjoys praising God through every form of music and working with musicians who help her create inspirational pieces using their gifts and skills in jazz, blues, and Afro-Caribbean genres. The final selection on the CD, You Loved Me, is a lovepraise and gratitude poem to the Lord for bringing her through trials few people know she has experienced.

MINI BIO- MS ALLIE TOLLIVER Allie Tolliver relishes the opportunity to return to her gospel and spiritual roots, even though she is mostly known for her soulful sound of the blues. Born in Drew Mississippi and raised in Chicago, Allie started singing solos in church when she was nine years old. The experiences of singing in church and the clubs, has enabled her the ability to blend the two sounds; that gives her a unique talent, to belt out songs of praise worship and a soulful sound of gospel, that either brings one to tears or have them jumping to their feet with joy. She truly is gifted and gives God all the praise. "I Praise You Lord", was written by her upon a request from Pastor Ferrell to collaborate with her and other poets on the Praise and Worship CD. Her velvet voice is blended with a reggae beat that inspires everyone from every walk of life, to "Praise the Lord". Her voice can also be heard in the background of other tunes on the CD, "Sing About a New Thing" and "Joy Comes In the Morning.

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