

Creativity Audio-stimulation Mp3 Isochronic Tones



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Isochronic Tones With Ambient Soundtrack (ThoughtSounds 1) (5 Hz - 14 Hz (alternates between low beta, alpha and theta frequencies), Length: 22.5 Minutes, File Size: 30.9 MB) This session alternates between low beta, alpha and theta frequencies, stimulating creativity but also keeping the user awake and alert. The best way to use this session is to relax, close your eyes and wait for new ideas to surface. Once they do, pause the session, write them down, and resume the session afterward. Some people may also choose to use the session with eyes open, while working on artistic projects. Single User License

Disclaimer: This Audio mp3 is not intended to treat or cure any physical or mental disease, nor should any of the subject matter on the site be taken as medical advice. If you are prone to epileptic type events, schizophrenia, pregnant, wearing a pacemaker, prone to seizures, or under the influence of medication or drugs or alcohol, it is best not to listen to brainwave mp3's or cd's and/or you should consult with a licensed medical professional before listening to any of the mp3's or cd's. This is worth repeating, it is highly recommended that you don't listen to the sessions while under the influence of alcohol or other mood altering substances, or medication. Under no circumstances should you drive a car or operate potentially dangerous machinery while listening to the sessions. Children under the age of 18 are to be

examined by a physician for epilepsy or illnesses that may contribute to seizures prior to the use of any sessions, as they are more susceptible to seizures. Tags: nlp

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