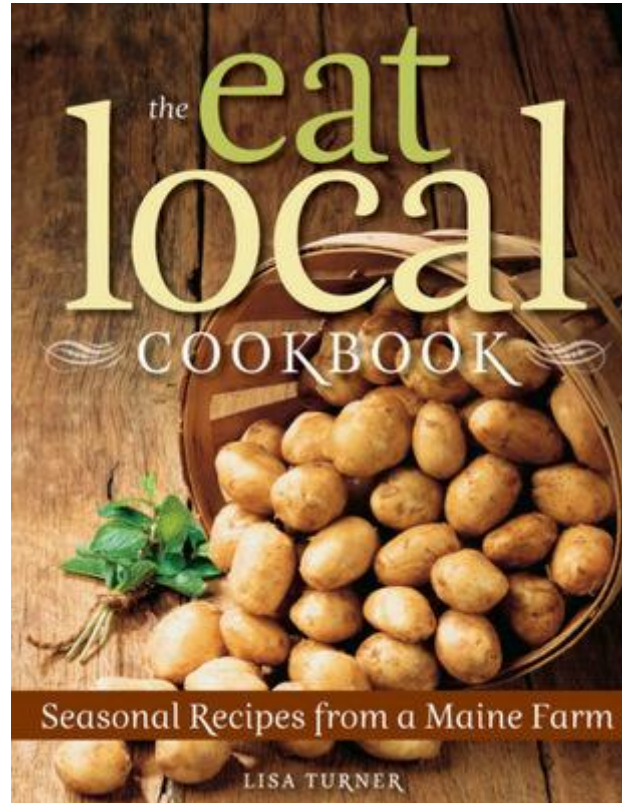


# The Eat Local Cookbook: Seasonal Recipes From A Maine Farm - Lisa Turner



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Maine has an abundance of fresh, seasonal produce ~ all you need to know is what to do with it. Lisa Turner, of Laughing Stock Farm in Freeport, has gathered more than one hundred recipes from Maine, top chefs, farmers, home cooks, and her own kitchen. From what to do with loads of leafy greens to how to cook hakurei turnips, this cookbook teaches how to eat locally ~ and eat well ~all through the year. Author: Turner, Lisa Publisher: Down East Books Illustration: N Language: ENG Title: The Eat Local Cookbook: Seasonal Recipes from a Maine Farm Pages: 00176 (Encrypted EPUB) / 00176 (Encrypted PDF) On Sale: 2011-07-16 SKU-13/ISBN: 9780892729234 Category: Cooking : Regional & Ethnic - American - New England Category: Cooking : Seasonal

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