

Winter Punches To Nut Crunches - Marilyn Lapenta

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The mouthwatering recipes in Winter Punches to Nut Crunches will make kids want to come out of hibernation! With lots of healthy winter fruits and vegetables in supply, making recipes like Peppermint Hot Chocolate, St. Patrick's Green Smoothie, and Nut-and-Honey Bars will be fun and easy for even the youngest of cooks. Each recipe includes a nutrition tip and a fact box, as well as a list of tools and ingredients and easy, step-by-step instructions. Kids will learn about nutrition and healthy eating, sequencing and following directions, math and measuring skills, and kitchen safety. These recipes will get tummies growling! Author: LaPenta, Marilyn Publisher: Bearport Publishing Illustration: N Language: ENG Title: Winter Punches to Nut Crunches Pages: 00024 (Encrypted PDF) On Sale: 2013-01-01 SKU-13/ISBN: 9781617727436 Age: 08-12 Reading Level: 03-07 Category: Juvenile Nonfiction : Cooking & Food

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