

Mp3 Michael Maresca - Breathing Stuff



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Breathing Stuff is the second of six sessions that make up The For Starters Program. In this session you will be guided through the fundamentals of efficient breathing. Michael will take you through each exercise coaching you every step of the way. Almost 18 MP3 Songs POP: Pop/Rock, ROCK: Rock Roll
Details: For more information about Michael Maresca or MM One Voice, please visit MMOneVoice.com
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