

Mp3 Gina Lorenzo - Frame Of Mind



[DOWNLOAD HERE](#)

Meditation CD including Brainwave Entrainment Frequencies to aid in and enhance the meditation experience. Includes a Guided Meditation on the first two tracks. 3 MP3 Songs in this album (69:57) !

Related styles: NEW AGE: Meditation, NEW AGE: Relaxation Details: Gina Lorenzo received her Degree in Composition from, the renowned, Berklee College of Music in Boston, MA. She is also a yoga and martial arts instructor and has created her own style of yoga called, "Wa Prana Yoga". Her personal training business, Body SynerG, incorporates yoga, martial arts and traditional fitness training. She combined her love of fitness, meditation and music and created the "Mind SynerG Series". This series consists of Meditation and Brainwave Entrainment CDs (with and without guided meditations and affirmations). The CDs with the entrainment frequencies enhance and deepen meditation, relaxation, and "suggestibility". Choose the CDs that are right for you!

[DOWNLOAD HERE](#)

Similar manuals:

[MP3 Meditations For Life - Christ New Age Meditation](#)

[MP3 In Color - In Color \(the Lamp Album\)](#)