

Low Back Pain And Low Back Care - Vinod A. Mittal

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"Low back pain, with or without associated sciatica is one of the most common medical problems. In my days as an orthopedic resident medical officer in the 1970s, I was rather disappointed with the treatment of this condition. I have treated about 15,000 patients of low back pain with conservative management as outlined in this book with gratifying results. The booklet in English has proven to be of value in imparting education on the subject. Subsequently it was brought out in Hindi and Marathi to reach out to more people in India where it has received much media coverage." -Dr. Vinod A. Mittal This new edition of Low Back Pain And Low Back Care is a multilingual volume that contains a version in five languages, English, Hindi, Spanish, Haitian, and Portuguese, translated by native speakers. If used properly the instructions in this book will of course continue to have the same beneficial effect in treating this horrible ailment that cripples too many people around the world. Author: Mittal, Vinod A. Publisher: Trilingual Press Illustration: N Language: ENG Title: Low Back Pain And Low Back Care Pages: 00000 (Encrypted PDF) On Sale: 2010-06-10 SKU-13/ISBN: 9780974582177 Category: Medical : Physical Medicine & Rehabilitation Category: Education : Physical Education Category: Medical : Pain Medicine

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