

Mp3 Jay Mankita - Eat Like A Rainbow



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A hip, funky romp for kids and the folks who feed them. Crunchy rhythms and tasty harmonies, with a very nutritious groove throughout. Gets 'em dancing. 10 MP3 Songs KIDS/FAMILY: Educational, KIDS/FAMILY: Children's Pop Details: This is a rocking, funky, danceable collection of quirky kids songs about healthy food and sustainable living. Specifically promotes fruits, vegetables, grains, beans, and seeds - plant-based foods from our farms and gardens. This album is dedicated to my friend Amie Hamlin, the Executive Director of the NY Coalition for Healthy School Food (NYCHSF), who commissioned me to write these songs and perform them as a pilot in New York City Schools. The whole project was her idea, and she strongly influenced the writing of these songs. NYCHSF, and others like it, are in the forefront of educating children, their families, schools, communities, and governments of the importance of healthy food. For more information, check out their website, healthyschoolfood.org Special thanks also to the New York City Board of Education, Department of School Foods for their participation in both the NYCHSF pilot and follow-up projects that allowed us to bring these songs into 20 NYC urban schools. A healthy portion of the proceeds from the sale of these albums directly supports NYCHSF, and their work to bring healthy food to our schools! Jay Mankita - vocals, acoustic guitar electric guitar Mike Morris - harmony vocals acoustic guitar Dave Bell - keyboards Rusty Boris - bass Graham Taylor - drums Jen Middaugh - vocals/harmony vocals Annie Patterson - harmony vocals Stephen Katz - cello Mark Bengston - trombone Robby Baier - bass, drums, guitars Thanks to Electric Wilburland, Omni, and Substation Studios for their generous donations of time, space, and efforts in the recording of this project. Jay Mankita tours in a van fueled by recycled vegetable oil. He writes and performs for folks of all ages, and presents educational musical programs promoting a healthy, sustainable future. For more information, check out Jays website at jaymankita.com Cover Art - Amy BannerQueen Johnquest

Package design and layout - Pat Burke People who are interested in Dan Zanes Billy Jonas Jonathan Coulton should consider this download.

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