

Stunting: A Cheer Technique Book - Glenn Kingsbury

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"Stunting: A CHEER-Technique Book" is a book to help cheerleaders of all levels improve their stunting skills. We begin with the most basic of stunts including hand positions and a description of all positions. It has multiple pictures for each skill and a detailed explanation on how to execute each stunt. In addition, it covers more advanced stunts and single based stunts. It is a great tool for coaches, choreographers, and even cheerleaders themselves. Author: Kingsbury, Glenn Publisher: AuthorHouse Illustration: N Language: ENG Title: Stunting: A Cheer Technique Book Pages: 00000 (Encrypted PDF) On Sale: 2012-06-28 SKU-13/ISBN: 9781449048327 Category: Sports & Recreation : General Category: Sports & Recreation : Reference

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