

The Englishman's Food: Five Centuries Of English Diet - , Anne Wilbraham

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Medieval gardens; cookshops; spices; ale, beer, wine and spirits; the food of peasants, labourers, townspeople, the wealthy, the poor and the country gentleman; fish, meat and game; the feeding of infants, children; dairy products; vitamins, proteins, fat and fibre; the adulteration of food; the four bottle man; bread; poaching; tea, coffee and chocolate; food in schools and institutions; sugar and sweetmeats; root crops; the agricultural revolution; the importance of 'white meats', the vegetarian diet; menus and recipes. . . The Englishman's Food was first published in 1939, fully revised in 1957 and now appears with a new updating introduction. A ground-breaking book, it is a fascinating and authoritative survey of food production, consumption, fashions and follies over a period of five hundred years. Reprinted with a new introduction by food editor Tom Jaine. Author: Drummond, J.C. Author: Wilbraham, Anne Publisher: Vintage Digital Illustration: N Language: ENG Title: The Englishman's Food: Five Centuries of English Diet Pages: 00496 (Encrypted EPUB) On Sale: 2012-07-31 SKU-13/ISBN: 9780712650250 Category: History : General

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