

Fusion Cooking Recipes



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Fusion Cooking is taking the locally available ingredients & adjust it to their ethnic taste. Fusion cooking is a culinary method that integrates various regional cooking styles in order to create innovative new tastes. Fusion cooking is the art of mixing ingredients and preparation styles from different countries and cultures into a unique dish of flavour. Fusion cuisine is when you combine particular ethnic cuisines and fuse them into one. There are many definitions of Fusion Cooking, but the one that I think describes it best is:

Fusion Cooking is about experimentation. Pushing the boundaries of cooking styles by combining ethnic ingredients and techniques. Its about having fun with your food and the enjoyment you get from the taste of your food. This E-Book is not a cookery course, or any great authority concerning culinary skills. In fact I know very little about cooking except for what I do in my own kitchen. Tags: yummy, home

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