

# Mp3 Beverly Hills Hypnosis - Weight Loss Hypnosis: Relax Your Way To Thin! (low Carb. Lifestyle)



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Imagine craving salad instead of chocolate or a Low Carb. snack instead of ice cream. "Relax Your Way to Thin." (Low Carb) will end any unwanted cravings you have for carbohydrates, simply by listening to this relaxing CD as you drift to sleep at night. 2 MP3 Songs SPOKEN WORD: Instructional, NEW AGE: Healing Details: CLIENT REVIEWS: "Trevor's talent gave me the ability to change my life." - Rick Floyd, Art Director - "Vanity Fair", "Vogue" "Trevor's help was so effective, I continue to recommend him to my family and friends." - Paris Barclay, Director - "The West Wing", "ER" RELAX YOUR WAY TO THIN! (LOW CARB) Imagine craving salad instead of chocolate or an apple instead of ice cream. Weight loss can be that easy! Beverly Hills Hypnosis' low carbohydrate, weight loss CD will end unwanted cravings for junk or fast food simply by listening to this relaxing audio program as you drift to sleep each night! "Relax Your Way to Thin!" (Low Carb) stops these cravings at their source. Your impulse to snack and eat unhealthy food originates in your subconscious. You know the "right" foods to eat to lose weight. Now, imagine craving these healthy low carbohydrate foods instead! When your subconscious supports your weight loss goals, you will naturally make healthier choices. Permanent Weight Loss has never been easier! Why is "Relax Your Way to Thin!" (Low Carb) so effective? By creating direct access to the most powerful part of the mind, the subconscious, you can teach your subconscious mind to automatically act in the ways that best suit your goals, rather than relying on poor habits that you've built up over the years. When you align what you consciously desire with your subconscious motivations...your possibilities are endless! Can everyone be hypnotized? Yes. Have you ever been driving a familiar route home and suddenly arrived at your destination without remembering the last few minutes of the drive? This is one example of our subconscious mind taking over the routine details of life. Our subconscious mind handles

most of our day to day activities. That is the subconscious mind's job - to handle the details of life, while our conscious mind handles the more important needs. Most clients are amazed at how quickly they accomplish their desired results. Unlike traditional therapies, Hypnotherapy is able to help you reach your goals without going through years of self-exploration. When You Are Ready! Reach your goals faster than ever! You can and will make permanent, positive changes in your personal and professional life. Beverly Hills Hypnosis offers an effective, relaxing, drug-free choice for change. ABOUT THE AUTHOR: Trevor H. Scott, C.Ht. is the founder and executive director of Beverly Hills Hypnosis. A member of The American Counseling Association and a Certified Clinical Hypnotherapist, Trevor is a frequent radio guest and the author of over ten motivational programs. People who are interested in should consider this download.

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