Mp3 Daniel Mackler - Lullabies For The Inner Journey



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An album of psychological protest music - and healing music for those struggling to become more honest. 22 MP3 Songs in this album (70:54)! Related styles: FOLK: Progressive Folk, FOLK: Alternative Folk People who are interested in Woody Guthrie should consider this download. Details: These are songs of psychological protest to offer both inspiration and a call to arms on the inward journey to the true self. About the artist: Daniel Mackler, in addition to being a musician, is a psychotherapist, writer, and filmmaker in New York City. He has published two books on psychology (on healing from childhood trauma and recovering from psychosis without medication), and is the creator of the website iraresoul.com.

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