

## Mp3 Lisa B. - Salvaged Music



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lisa b's rhythmic, rhyming, fiercely political, passionate, and JOYOUS spoken word accompanied by diverse instrumentation. canada's west coast spoken word spitfire's debut recording. 17 MP3 Songs

SPOKEN WORD: Poetry, SPOKEN WORD: With Music Details: lisa b. is a queer, passionate, and political spoken word poet from Canada. You can find her online at [luckygoat.org](http://luckygoat.org) Since November of 2001 she has performed at dozens of events around BC and in Oregon and self-published 4 full length chapbooks, *star tissue* (2002) *dogs and small children* (2003) *hope's bicycle* (2004) and *how thirsty bird sang down the sky* (2005). In winter of 2005 she took off on tour across Canada to promote her debut recording, *Salvaged Music*, a unique recording of rhythmic and rhyming spoken word poetry accompanied by incredibly diverse instrumentation. Members of Victoria's all-girl folk country bluegrass band, *Barley Wik* ([barleywik.com](http://barleywik.com)) appear on the album, contributing banjo and djembe, harmonica and accordion, mandolin, charango, and bass guitar. *Glenna G* ([glennathestar.com](http://glennathestar.com)) sings backup, plays piano and guitar. *Salvaged Music* ushers the listener through sarcasm, thoughtfulness, cheekiness, anger, arousal, children's stories, a river in Northern Alberta, the Canadian prairies as seen from the train, and sheer exhilaration. lisa tackles issues of war, racism, sexual violence, and gender politics, and celebrates sexuality, natural beauty, community and music, all in one recording. On her *Salvaged Music* tour, she *Spread the Word* in cozy cafes, smoky underground bars, community halls, art galleries, high schools and living rooms, in big cities and small towns and remote communities. She rolled across Canada on the train from west coast to east coast and back again, sharing rants, rhymes, escaped journal lines, sweet soft love poems, reflections on race, class, gender and war, humorous observations of day to day life, and stories from the road. "While it's true that all poets work with rhythm, there's something especially musical about lisa's performance style. All her pieces are meant to be heard or read

aloud, but there's more to it than that. Her rhythmic intensity makes you want to clap or "sing" along. She is one of the few poets I would rather hear than read." - Aylwin Catchpole  
lisa speaks from a queer woman's perspective, but her work is universal. "Lisa's writing is honed and developed, with an activist's edge. She nails her ideas with specific, exactly worded imagery, yet she's mature enough to let the kid in her out to play." - Aylwin Catchpole  
Even people who hate poetry love lisa's work. Each poem is a story with its own mood and meaning, and it's never obscure. lisa's poetry and performance is immediate and accessible; audience members laugh, cry, get pissed off, get turned on, and nod in silent recognition of shared struggles and joys. The Canada Council for the Arts has cautioned her about being overly ambitious. Check her out online at [luckygoat.org](http://luckygoat.org)

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