

101 Tips On Nutrition For People With Diabetes - , Lea Holzmeister

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In this new edition, diabetes experts Patti Geil and Lea Ann Holzmeister provide handy tips on meal planning, general nutrition, managing medication and meals, shopping and cooking, weight loss, and more. Author: Geil, Patti Author: Holzmeister, Lea Publisher: American Diabetes Association Illustration: N Language: ENG Title: 101 Tips on Nutrition for People with Diabetes Pages: 00157 (Encrypted PDF) On Sale: 2006-07-03 SKU-13/ISBN: 9781580402545 Category: Health & Fitness : Diseases - Diabetes Category: Health & Fitness : Nutrition Category: Health & Fitness : Diets - General

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