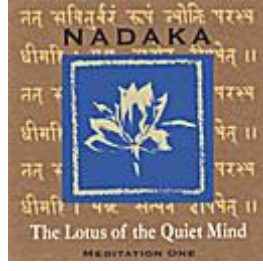


Mp3 Nadaka - The Lotus Of The Quiet Mind



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Soul stirring meditative sounds of India 9 MP3 Songs WORLD: World Traditions, NEW AGE: Meditation
Details: THE LOTUS OF THE QUIET MIND "In the stirrings of nature and holy chants alike the silent deeper mind can hear the essence of sound itself. India's ancient seers knew it as the infinite sound of OM." This is the first album of NADAKA 's Lotus trilogy Nadaka - vocal, anantar harp, bamboo anklung, percussions, tambura Also features: Debi Gosh on the sarod Bryce Grinlington on the flute Nothing less than the attempt to move through sound to the source of sound itself. The refusal to be superficially tuneful, the relative sparseness of orchestration, the lingering on the texture and resonances of individual notes and instruments. Above all, the use of silence, space, and the exploration of that borderland where sound and silence meet. Not background music to meditate to, but extended meditations in which the listener participates in an exploration: you feel you are on the cusp of creation, present at the moment when a particular sound first emerges from the void. Who is Nadaka: In Sanskrit, Nada is the origin of sound and Ka is the one who carries it within. Nadaka was born in Quebec, and learned to play the guitar at an early age. At 16, his quest for life's deeper sense led him on a pilgrimage along that wondrous road which infallibly brought him to India, which he immediately adopted as his country. Dedicated to the ideals of India's great revolutionary yogi, Sri Aurobindo, he has been living in the international settlement of Auroville, in South India, since 1974. His love of Indian culture and passion for Indian music led him to study a number of traditional music styles, both on Indian stringed instruments and vocally. He has designed and built an acoustic guitar with scalloped neck and moveable frets which is specially adapted for the subtle tones of Indian music. Skillfully blending the modal techniques of Ragas with chords and harmonies more akin to Western music, he has developed his own musical language. Working in close collaboration with many famous and outstanding Indian musicians, Nadaka has played an active part in

the contemporary movement of Indian music.

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