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Here is what you will learn inside this guide.... How important is self-confidence? You'll quickly see that self confidence is arguably the number one factor in your development. While it isn't the ONLY factor, it's the one that can make the biggest difference. The real question is: How does it make a difference? Can you identify and deal with your shortcomings? No one is perfect, nor are they expected to be. That doesn't mean you shouldn't strive for perfection. In order to do so, you'll need to be able to identify your problem areas, and understand how best to address them. Have you laid out your plan for success? The most important thing you can have for any development is a plan. Your plan for personal growth and development needs a few specific inclusions... Commitment, consistency and consolidation...the three Cs. These three things can make or break your development. While it seems pretty simple, you might be surprised at just what each of them requires from you in order to work together as a whole. And a lot more!

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