

The Making Of A Master: Tracking Your Self-worth - Jeanette O'donnal

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If you want to improve the quality of your life and REALLY go for your goals, this book is for you. Teacher and healer, Jeanette O'Donnal shares many ancient secrets or "keys" for opening the doors to greater happiness, self-fulfillment and personal excellence. By learning to use these keys, you will be amazed to discover how easy it is to achieve everything you truly desire. . Is your heart heavy with worry, stress, resentment, despair, anxiety, doubt, frustration, boredom, depression, resistance, confusion, anger or hate? . Do you want to release those emotions that weigh heavy upon your soul? . How would the scales balance, if you were to "weigh your heart against a feather"? . Do you want to achieve the level of personal excellence that brings peace and tranquility, a lightening of your heart? Have you ever wondered what the moral of your life's story is? See Page 95!! O'Donnal's unique "tracking system" helps you discover how each of your experiences, "bad" or "good," has served as a stepping stone to your dreams. You will discover how to wholly embrace these experiences and how to vividly feel your dreams. you will "become" your dreams. Author: O'Donnal, Jeanette Publisher: Dandelion Enterprises Illustration: N Language: ENG Title: The Making of a Master: Tracking Your Self-Worth Pages: 00000 (Encrypted PDF) On Sale: 2006-12-05 SKU-13/ISBN: 9781934280355 Category: Body, Mind & Spirit : Spirituality - General Category: Body, Mind & Spirit : Inspiration & Personal Growth Category: Self-Help : Personal Growth - General

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