

Mp3 Amber Wolf, Phd - Healing Wave Meditations



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Choose between 3 stunning meditations depending on your moment. Meditation 1, Your Divine Flame, takes you back to the Divine Source within. Meditation 2, Filling Your Well, leads you to fill the well of your life:body, mind, heart, and soul in a meditati 5 MP3 Songs in this album (44:32) ! Related styles: NEW AGE: Meditation, NEW AGE: Healing Details: You can reconnect to your spiritual side; body, heart and soul, with this is stunning CD. Or if do you need a rejuvenating night's sleep, one like you haven't had in ages? Based in the ancient technology of Yoga Nidra (or the sleep of the yogi's), your mind becomes quiet, and your brain drops into the Alpha and Theta waves, allowing healing to penetrate your subconscious and unconscious.Track one is 15 minutes of soul connecting with your inner divine flame; something you can use every day. Track two is for those with sleeping difficulties, inspired by the needs of Dr. Amber's patients. Sound like claims to big to be true? Dr. Amber Wolf's life changing CD's, seminars and classes help people all over the country. Check out the testimonials on this site and her home site. phoenixhealingcenterThis is what you've been waiting for! Heal yourself, and heal the planet. Namaste. Peace. Love.

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