

Bye-bye Baby Fat - Mj Carlesi

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What is Bye Bye Baby Fat? Everyday I hear women complain about their weight issues post baby and listen to excuses as to why they are "fat"-blaming pregnancy. I have proven that with drive and dedication to your body, you can be back to your pre-pregnancy weight within 4 months of giving birth. Author: Carlesi, MJ Publisher: eBookIt.com Illustration: N Language: ENG Title: Bye-Bye Baby Fat Pages: 00000 (Encrypted PDF) On Sale: 2010-11-22 SKU-13/ISBN: 9780615424651 Category: Health & Fitness : General Category: Self-Help : Eating Disorders - General Category: Family & Relationships : Child Development

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