## Mp3 Amy G Martin - Wings Of Light



## **DOWNLOAD HERE**

Heartfelt, melodic and rich in varied instrumental harmonies, this original and unique sound will help clear your mind, opening the way for relaxation and inspiration. Harp, bamboo flute, wooden recorders along with violin and cello, a perfect combination 13 MP3 Songs in this album (50:04)! Related styles: NEW AGE: Relaxation, EASY LISTENING: Background Music Details: Wings of Light is Amys debut album of original compositions for harp, flutes, violin and cello. Although most of the pieces were written with words, this first recording is purely instrumental. A multi-instrumentalist, she plays harp, piano, flute and guitar, writing songs for awakening of the spirit and soothing of the soul. She has performed in many venues, taught music, directed choral groups and created songs for groups to sing together. Amy believes that music can be an integral part of the healing process for certain people, and when nothing else can move a person, music can be the answer. Amy is also a Board Certified Nurse Practitioner and a Doctor of RoHun Transpersonal Psychotherapy with three decades of clinical experience. She is co-owner of Center for Healing Therapies, in Niantic, Ct, where she has a private therapy practice, offering unique and dynamic, transformational opportunities to both individuals and groups. Over the course of her years in Medicine and Healing she has worked in Family Practice, Psychiatry, Gerontology, ObGyn and Adolescent Health Care. Amy has worked on the Navajo Reservation as a health care and health education provider, was part of a Robert Wood Johnson Grant project, providing Health Care for the Homeless in Seattle, Washington. She assists in Nurse Practitioner Education in her role as a Clinical Preceptor through Yale University, and previously through Duke University and University of Minnesota. Always recognizing the indisputable connection between body and mind, and realizing that those in emotional pain are limited in their choices of treatment options, Amy offers an alternative to traditional psychotherapy. She writes a syndicated column, Time For Healing, for the newspapers of Southeastern

Connecticut and Rhode Island. She has written and published a book about Post Traumatic Stress

Disorder, called Time For Healing: Reclaiming Life After Trauma, and describes an alternative approach to treatment.

## **DOWNLOAD HERE**

## Similar manuals:

MP3 In Color - In Color (the Lamp Album)