Mp3 Nae!nay! - Tangoing With Tornadoes



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This spoken word CD uses all original jazzy funk music with a hip hop twist to offer you a gorgeously poetic testimonial of the untold stories of women - everywhere. Enjoy and then tell your friends. 7 MP3 Songs SPOKEN WORD: With Music, URBAN/R&B: Funk Details: Nae!Nay! (a.k.a. S. Renee Mitchell) is a hurricane of nervous creativity. She is the single mother of three children. She is a playwright, performance poet and a CD recording artist. And, twice a week, she writes an award-winning newspaper column on issues ranging from neighborhoods, to schools, to politics to cultural identity. A portfolio of Renee's writing was recently submitted for the 2005 Pulitzer Prize for commentary. Nae!Nay! tells people being a journalist is the best job she's ever had. But what really feeds her spirit is writing poetry. She authored and self-published two books of poetry and recently released her second spoken-word CD, Tangoing With Tornadoes. A portion of the sales of this CD help support domestic-violence shelters and programs that empower women of color. Earlier this year, Nae!Nay! also wrote, co-produced, directed and starred in a community theater play, also titled Tangoing With Tornadoes, about surviving emotional and verbal abuse. She is also working on her first novel, by the same name, based on her personal experience with psychological abuse. Nae!Nay! is an engaging public speaker. She created a series of writing workshops - she calls them "Inner Courses" - that teaches people of all skill levels how to write poetry, journals and novels. Last year, she offered poetry-writing workshops at two national journalism conventions, in New Orleans and Washington, D.C. Finally, Nae!Nay! is an ethnic beaded jewelry creator, a graphic designer and an mixed-media artist. Her small company, Nappy Roots Press, publishes work of other local poets and writers. The small business also designs and sells T-shirts and greeting cards and plans self-Pampering events that celebrate the mental liberation of black women. You can reach Nae!Nay! at nappyrootspress@blackemailor nappyrootspress.com

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