

# Munch: Seasonal Cookbook For Baby And Family - Anna Bordignon

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Munch: Seasonal Cookbook for Baby and Family presents a cookbook written especially for parents and their children, featuring fun stories and easy, seasonal recipes for all to enjoy. Its focus is on making healthy food by eating seasonally through recipes for the whole family. Time is too precious to make a separate meal for baby munchkins and then another for the rest of the family, so author Anna Bordignon has created recipes that can be made for everyone in the household. Organized by the seasons, the collection includes suggestions for how to feed infants and information on useful equipment and allergies. Meal time should be fun and enjoyable by all. Munch has found top-selling preschool books, movies, and songs in the UK, Australia, New Zealand, and America and has included great facts on them throughout the book to help make eating time more fun. For example, did you know that the Very Hungry Caterpillar was originally called A Week with Willi the Worm? From tips on freezing and pureeing baby food to recipes for dishes like Goldilocks and the Three Bears Potato Soup, Munch makes cooking and eating a fun pastime for happy families. Author: Bordignon, Anna Publisher: iUniverse.com Illustration: N Language: ENG Title: Munch: Seasonal Cookbook for Baby and Family Pages: 00000 (Encrypted PDF) On Sale: 2012-10-10 SKU-13/ISBN: 9781475939231 Category: Cooking : Seasonal Category: Cooking : Methods - Quick & Easy Category: Cooking : Specific Ingredients - Natural Foods

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