

Zen O'clock: Time To Be - Scott Shaw

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Imagine being able to step beyond the controlling hands of time to discover the mystical process that will give you an entirely new perspective of time. Inside this handy pocket-size book are insightful aphorisms that will help you live more peacefully in the present. With each page, Scott Shaw, an expert in meditative consciousness, helps you throw away phrases like "wasted time" and "time constraints." Imagine, right now, time in your hands! Author: Shaw, Scott Publisher: Weiser Books Illustration: N Language: ENG Title: Zen O'Clock: Time to Be Pages: 00144 (Encrypted EPUB) On Sale: 1999-01-15 SKU-13/ISBN: 9781578631247 Lib Category: Zen meditations Category: Body, Mind & Spirit : Inspiration & Personal Growth Category: Religion : Buddhism - Zen

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