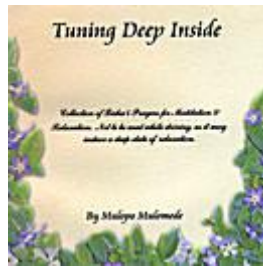


Mp3 Mulopo Mulomede - Tuning Deep Inside



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Baha'i Prayers with background music for Meditation and Relaxation. It brings deep relaxation and rest to the body and mind. It is a stress Reliever. 3 MP3 Songs in this album (30:39) ! Related styles: EASY LISTENING: Mood Music, NEW AGE: Meditation Details: Mulopo Mulomede is a Baha'i and an Artist. He selected the Baha'i Prayers and composed the background music to go with them in order to create something that he could listen to, while relaxing or meditating. It turned out to be quite an experience. He used these tracks in groups for the purpose of relaxation and stress management sessions and people enjoyed them, and felt relaxed afterward. Some of them fell asleep during the session and reported having relaxed and having a clear mind after the session. The prayers themselves have powerful and spiritual messages with them. The music is just the vehicle and mood controller. It is quite an experience when people are stressed from work or other hassles in life and decide to put aside 30 to 45 minutes to relax and listen to this CD entirely with their eyes closed and breathing in and out slowly. The Artist has been using this CD for 2 to 3 times a Week and it is very helpful. It even helps the younger child to go to sleep with less fuss. For the Baha'is, this CD can also be used for 19 days Feast. Track 2 has a selection of prayers that will go from one song to the other with the mood changing music. 1. The Fire Tablet 2. Refresh a.Spiritual Qualities b.Forgiveness c.Healing d.Healing e.Protection f.Firmness in the Covenant 3. Humanity Enjoy the ride.

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