## Mp3 Oasis Of Inner Light - Chakra Meditation For Womyn



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Unique Australian guided meditation featuring the soothing voice of meditation guru Mietha and an eclectic mix of contemporary and indigenous Australian music from acclaimed composer Suzanne Gibbs. 1 MP3 Songs in this album (24:41) ! Related styles: NEW AGE: Meditation, NEW AGE: Relaxation People who are interested in Louise Hay should consider this download. Details: About the Artists Mietha is an aboriginal womyn of the Bundjalung Language Group from Northern New South Wales. She is inspired by spirit to co-create the spoken meditation and together with the magic of Brethnaes musical expertise they have created a uniquely Australian brand of working meditations. About the CD This Journey of Visualization is designed as an instructional working tool for cleansing and balancing your chakras, hence cleansing and balancing you. This 20 minute meditation is designed specifically for womyn and is especially useful for those that live extremely busy lives. Testimonial: I have found chakra is th prefect for me to actively to whilst travelling to work on the bus. It helps me obtain balance and clam prior to the start of my working day.

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