

Eat Yourself Slim - Rosemary Conley

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Rosemary Conley's new book is based on the recipes and menus from her television series also called Eat Yourself Slim The book also has a diet section for those who want to enjoy fine food whilst being able to control their weight - or lose weight - at the same time. Author: Conley, Rosemary Publisher: Cornerstone Digital Illustration: N Language: ENG Title: Eat Yourself Slim Pages: 00272 (Encrypted EPUB) On Sale: 2010-09-30 SKU-13/ISBN: 9780712615532 Category: Health & Fitness : Diets - General

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