

Mp3 Lis Addison - The Song Of The Tree



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Vocal Chakra Healing Tones, Ambient Music Grooves. Ideal for Yoga, Dance, Massage, Healing Vocal Toning. 7 MP3 Songs NEW AGE: Ambient, SPIRITUAL: Mantras Details: This music is an offering to anyone who wishes to move energy in the form of sound vibration. Each track represents a different Vocal Chakra Healing Tone (VoCHeT)(TM) designed to liberate the inner voice and activate the Chakras. The pieces are arranged in ascending order from C to B. An Instructional booklet is included that details each vocal pattern. The Chakras are energy centers, conductors or subtle channels through which energy flows to the body from the non-physical realm and back again, ideally in the form of right action, health and love. They control the flow of hormones from the endocrine system and act as archetypal images for living a balanced life. The Chakras are receptors of vibration and respond to sound which elicits deep emotion and healing. Like the magnificent tree, energy flows within us from root to crown and is received and released at varying levels along the way. A portion of the proceeds of CD sales goes to tree planting projects worldwide. Lis Addison composed, performed and recorded this CD herself. She is an award-winning composer, vocalist, dancer yogini specializing in innovative forms of music and movement that incorporate ancient wisdom and promote healing for the earth and all beings. People who are interested in Ziggy Marley should consider this download.

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