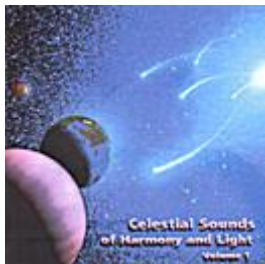


# Mp3 Tupelo Kenyon - Celestial Sounds Of Harmony And Light, Vol. 1



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Original, melodic and harmonious movements with the soothing tones of flutes, harps, strings, pianos and other mellow instruments; created and performed to provide a comforting soundscape to allow the listener to enter into deep relaxation, peace and joy. 10 MP3 Songs NEW AGE: New Age, NEW AGE: Meditation Details: Imagine this as a soothing musical massage; a relaxing sonic shower of peace and joy. Use this music to deepen your relaxation and enhance your meditation, contemplation, visualization or daydreams. The comforting sounds and tranquil pace (approximately 60 beats per minute) is especially good for relaxing the mind and allowing you to ease into alpha state. Watch your stress melt away as you become mentally refreshed and emotionally recharged. Its also perfect to set the mood for study, reading, writing, yoga, tai chi, and romance. Or, just get comfortable, close your eyes, and see where it takes you. Enjoy this magic carpet ride into the true last frontier . . . inner space. Volume 2 picks up where this Volume 1 leaves off - another full hour of peaceful relaxation music. Volume 1 and Volume 2 were both composed and performed deliberately to engage the body, mind and spirit . . . The body responds to the slow pulse of the music. The mind is engaged with the interweaving melodies and harmonies. Spirit is massaged by the mellow voices specifically chosen for their soothing effect. The music averages 60 beats per minute. Respiration and heartbeat gradually slow down to get in sync with the relaxing pulse of the music. The mind gradually gets peaceful as it takes a break from its internal dialog. As a result, your natural state of peace and joy is allowed to rise to the surface. Spontaneously. Easily. What could be simpler? Most people are just too busy to really relax. This is the lazy way to chill out. Just listen. Let "Celestial Sounds of Harmony and Light" help you get a handle on stress and enjoy the peaceful, deep relaxation that can make such a profound difference in the quality of your life. And, it's guaranteed. Like

all our CDs, your satisfaction is 100 guaranteed, or your money back. So, you have nothing to lose, except that nasty stress. It's easy. It's safe. It feels good. And, it works! All songs composed and performed by Tupelo Kenyon. 6 and 12-string Taylor guitars, piano, flute, cello, harp, strings, woodwinds and many other voices were used throughout this album. Dulcimer by Janey Kenyon and didgeridoo by Jake Bryant on Story Belt. Graphic art design by Tupelo and Janey Kenyon. Photographs by the Hubble space telescope, used courtesy of NASA and STScI. Album title by Spirit Walker, who also contributed inspiration and encouragement. Special thanks to Trish Sanders and Dr. Martha Sarasua.

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