

Learning To Tell Myself The Truth - William Backus

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A six-week guide to freedom from anger, anxiety, perfectionism and more that utilizes the principles of truth therapy. Workbook format. Author: Backus, William Publisher: Bethany House Publishers Illustration: N Language: ENG Title: Learning to Tell Myself the Truth Pages: 00000 (Encrypted EPUB) On Sale: 1994-11-01 SKU-13/ISBN: 9781556612909 Category: Psychology : General Category: Self-Help : General Category: Religion : Christian Life - General

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